

Slipstream Cycling April Results

Challenge	Name	Results	
Cardio - B1	Andre	Km	793,88
		Time	22:29:00
Strength - C2	Andre	Km	41,30
		Time	07:59:00
Cardio - A1	Annelie	Km	829,33
		Time	04:33:20
Strength - A2	Annelie	Km	-
		Time	00:20:00
Cardio - A1	Dan	Km	1 185,20
		Time	09:45:03
Strength - A2	Dan	Km	-
		Time	00:33:00
Cardio - B1	Danie	Km	302,70
		Time	15:22:00
Cardio - A1	Dries	Km	595,40
		Time	20:43:00
Strength - C2	Dries	Km	-
		Time	03:24:00
Cardio - B1	Empie	Km	466,00
		Time	17:12:00
Strength - C2	Empie	Km	-
		Time	01:20:00
Cardio - B1	Hans	Km	613,39
		Time	15:01:00
Strength - B2	Hans	Km	-
		Time	00:40:00
Cardio - A1	Ian	Km	685,00
		Time	04:42:00
Strength - B2	Ian	Km	-
		Time	06:05:00
Cardio - A1	Martin	Km	32,00
		Time	00:36:00
Strength - B2	Martin	Km	-
		Time	01:48:00
Cardio - A1	Nasser	Km	1 284,00
		Time	21:53:00
Cardio - C1	Oom Nick	Km	603,69
		Time	16:09:00
Strength - C2	Oom Nick	Km	-
		Time	16:50:00
Cardio - B1	Paul Roos	Km	429,04
		Time	15:22:54
Strength - B2	Paul Roos	Km	-
		Time	12:00:00

Challenge	Name	Results	
		Km	Time
Cardio - A1	PC	Km	1 068,59
		Time	05:22:43
Strength - A2	PC	Km	-
		Time	00:00:00
Cardio - B1	Ps John	Km	370,76
		Time	15:18:12
Strength - B2	Ps John	Km	-
		Time	04:15:00
Cardio - A1	Quintin	Km	503,91
		Time	18:23:00
Strength - A2	Quintin	Km	-
		Time	02:00:00
Cardio - B1	Ringo	Km	563,94
		Time	14:31:00
Cardio - B1	Shane	Km	-
		Time	03:05:00
Cardio - B1	Simon Roos	Km	546,60
		Time	20:11:00
Strength - B2	Simon Roos	Km	-
		Time	01:25:00
Cardio - B1	Susan	Km	661,81
		Time	23:11:00
Strength - C2	Susan	Km	-
		Time	05:42:00
Cardio - B1	Tarryn Roos	Km	601,63
		Time	20:01:25
Strength - B2	Tarryn Roos	Km	-
		Time	01:45:00
Cardio - A1	Theo	Km	935,60
		Time	02:04:00
Strength - B2	Theo	Km	-
		Time	09:20:00
Cardio - A1	Thiesa	Km	1 073,62
		Time	09:54:32
Strength - C2	Tommy Swanepoel	Km	-
		Time	01:51:00